No	First Name	Last Name	Club	Swim	Finish
	1000m + 6k				
1	Nicole	Cotton		18.15	47.18
2	Megan	Magold		22.05	51.31
3	Aurelie	Goodall		19.33	53.49
4	Isabelle	Campbell		25.42	56.13
6	Basil	Babichev		24.31	59.56
7	Joanna	Mobed		38.42	1.38.59
5	Cristina	Cooper		27.02	
	Simon	Johnson	DWOT	DNS	DNS
	2000m + 10k				
1	Simon	Perryman	FRIMAN	23.23	50.25
2	Oliver	Gardiner	Lawless Coaching	10.24	1.14.15
3	Trevor	Cooper		38.52	1.38.26
4	Drew	Parkinson		46.58	1.52.05
5	Holly	Davis		54.05	1.56.05
6	Lauren	Parkinson		47.22	2.04.55
	Paul	Arnold		48.41	DNF
	Bernadette	Carroll		DNS	DNS
	Claire	Chapman		DNS	DNS
	1K				
1	THOMAS	RICHARDSON		18.41	
2	Jake	Setford		19.33	
3	Mykolas	Tarasevicius		21.54	

4	James	Artes		DNS	
	2k				
1	Sophie	Thomson	Clapham Chasers	40.47	
2	Andrea	magold		43.45	
3	Rachel	Pinheiro		46.29	
4	Jenna	Tumilowicz		DNS	
5	Sarah	McDonald		DNS	
14	**4K**				
1	Robert	coombes	Datfod harriers	39.42	
2	Felicity	Newman	Bromley tri	48.47	
3	Edward	Penny	Weald Tri Club	57.42	
4	Daniel	Lavery		1.18.36	
5	Emma	Brenton	Maidstone harriers	1.19.38	
6	Jen	Gibbens	MedwayTri	1.25.07	
7	Caroline	Smith		1.25.41	
8	Kathleen	Carson		1.30.14	
9	Catherine	Pinchen	Greenwich Tritons	DNS	
10	Hilary	Logan	Greenwich Tritons	DNS	
11	Caitlin	Tinker	White Oak Swimming Club	DNS	
	5k				
1	Nigel	Vickers		1.12.29	
2	Iain	Jameson	Bromley Tri Club	1.13.57	
3	Kate	Forgione	Charlton Lido Pain Academy	1.14.09	

4	Jim	Egan	Charlton Lido Pain Academy	1.14.23	
5	Julia	Maguire		1.30.16	
6	Lucinda	Gould		1.35.25	
7	Roisin	Ni Chionna		1.37.11	
8	Graeme	Blair	Crystal Palace Triathletes	1.38.06	
9	Lara	Farnham		1.45.47	
10	Brian	Downton	DWOT	1.49.14	
11	Jane	Chadwick	Tunbridge Wells Triathlon Club	1.58.02	
12	Francesca	Levi		2.05.49	
	Juliet	Brown		DNS	
	Louise	Johnson	Greenwich Tritons	DNS	
	Charlotte	Broyd		DNS	
	Joe	Mcconnell		DNS	
	Tom	Peeling	Central Park Athlethics	DNS	