

	Category	First Name	Club					
	GOTri			Run	Bike	Finish	Place	
1	Emma	Harding		9.49	35.29	45.42	1st F	
2	Martyn	Headerman		10.46	36.48	47.21	1st M	
3	Mel	Kane		10.01	38.05	48.14	2nd F	
4	Ryan	Ridley	Swale Tri Club	11.31	38.22	49.27	3rd M	
5	Lisa	O'Keeff		12.38	39.45	53.19	3rd F	
6	Mark	Pattison		12.04	43.39	54.45		
7	Simon	Wilks		12.47	46.31	56.28		
8	Lindsey	George		14.55		1.01.16		
9	Caroline	Rigby		17.25	49.31	1.01.39		
	Sprint							Points
1	Werner	Kranenburg		17.55	52.36	1.05.21	1st M	100
2	James	Chipping		17.55	53.08	1.06.08	2nd M	99
3	Tom	Foster	GS Avanti	17.55	53.44	1.06.51	3rd M	98
4	Ian	Reid	4t Cyclopark	19.51	54.52	1.08.03		97
5	David	Bagge		19.37	55.04	1.09.11		96
6	Daniel	Quinn	South London harriers	18.29	56.35	1.10.01		95
7	Jon	Melson	4PerformanceUK / Havering Tri	19.41	55.2	1.10.04		94
8	Mark	Milson		23.05	59.05	1.15.16		93
9	Hannah	Sangan	7oaks Tri	20.38	1.00.44	1.15.41	1stF	100
10	Trevor	Cooper	Comrades triathlon club	23.25	1.00.25	1.16.32		92
11	Gerry	Frizzelle	Greenwich Tritons Triathlon Cl	22.03	1.00.28	1.16.33		91
12	Nicola	Susans	Larkfield AC	21.12	1.01.32	1.16.48	2nd F	99
13	Steve	Lawson		22.51	2.01.31	1.17.51		90
14	Ed	Lawson		22.52	1.01.29	1.18.38		89
15	Sophie	Durrant	C Squad	22.09	1.02.36	1.20.11	3rd F	98
16	Mathew	Mpey		21.42	1.03.57	1.20.36		88
17	D	Marsden	MedwayTri	22.49	1.04.19	1.21.43		87
18	Vince	Balzan		24.27	1.06.23	1.25.25		86
19	Paul	Favely		23.42		1.25.35		85
20	Tony	Gale		23.35	1.06.37	1.25.58		84
21	Gary	Pettman		25.05		1.29.51		83
22	OLIVER	NORTHERN	Gravesend Road Runners AC	21.43	1.13.04	1.31.39		82

23	Luke	gee		25.05		1.45.48		81
24	Camilla	Wilkes	HPC	DNS	DNS	DNS		
25	julian	ford	Fford motion racing	DNS	DNS	DNS		
26	Jon	Durrant	C Squad	DNS	DNS	DNS		
27	Graham	Lee	PSUK	DNS	DNS	DNS		