

		GOTri Duathlon					
	First name	Last name	Club Name	Run	Bike	Finish	
1	Alberto	Mangili	medway and maidstone athletics club	10.37	41.42	52.49	1st M
2	Mick	Duggan	OLT	13.37	45.41	58.24	
3	Douglas	Beesley	DWO Tri	14.11	45.01	58.25	
1	Carey	Smith		12.12	46.45	59.23	1st F
4	Katie	Richards	Medway Runners Wolfpack	12.04	47.49	1.00.48	
5	Michele	East		15.24	49.36	1.05.43	
6	Susan	Clark	Petswood Runners	14.47	51.36	1.06.53	
7	Jen	Gibbens	Medway Tri	17.25	58.29	1.16.52	
8	Charlotte	Button	Tri Spirit Team	17.25	1.06.25	1.23.47	
	Julian	Spencer-Wood	kent ac	dns	dns	dns	
	Matthew	Cops	East Essex Tri Club	dns	dns	dns	
	Lawrence	Goslett		dns	dns	dns	
	Rebecca	Larkin		dns	dns	dns	
	Ciara	Lonergan		dns	dns	dns	
		Sprint Duathlon					
1	Steven	Kendall		17.17	51.15	1.03.55	1st M
2	Liam	McLaughlin	Cambridge Harriers	17.29	53.39	1.06.30	2nd M
3	Ed	Lawson	Medway Tri	19.31	54.03	1.06.57	3rd M
4	Mark	Shepherd	Medway Tri	20.27	53.44	1.08.55	
5	James	Lee		21.31	58.09	1.13.57	
6	julian	ford		21.45	57.05	1.14.05	
7	Matthew	Impey	Medway Tri	21.04	1.00.09	1.15.47	
8	Sean	Rodwell	Medway & Maidstone AC	19.41	1.01.08	1.16.06	
9	Fredde	Harrison		21.24	1.00.05	1.16.54	
10	Clare	Plucrose	Canterbury Harriers	21.25	1.01.17	1.17.45	1st F
11	Ransley	Morenas		21.25	1.04.14	1.19.59	
12	Tom	Lawson	Medway Tri	23.25	1.03.39	1.20.31	
13	George	Karnovski		22.53	1.03.20	1.21.24	

