

		GO Tri					
No	First name	Last name	Club Name	Run	Bike	Finish	
1	Matthew	Ripley		9.57	39.24	49.5	1st M
2	Jonathan	Hope		10.17	40.51	51.29	
3	Tom	Lawson	Medway Tri	11.09	42.06	54.26	
4	Mick	Andrew	DWOT	12.19	41.48	55.32	
5	Darren	Moss	DWOT	12.23	44.29	57.17	
6	Andrew	Cornford		12.09	51.42	1.03.25	
7	Kat	McVickar	DWOT		52.57	1.08.49	1st F
8	Kay	Kapsalis		14.42	55.58	1.09.43	
9	Aaron	Kean		15.35	1.08.35	1.19.04	
10	Rebecca	Chin		15.34	1.03.09	1.18.24	
		Sprint Duathlon					
1	Steve	Groom		18.17	52.59	1.05.55	1st M
2	Matt	Bainbridge	Walden Tri	18.16	53.45	1.06.39	2nd M
3	Steve	Beaney	Medway Tri	18.58	53.47	1.07.32	3rd M
4	Ed	Lawson	Medway Tri	19.33	54.14	1.08.19	
5	Steve	Mitchell	Medway Tri	20.01	56.42	1.10.48	
6	Colin	Whiteley	Team Cyclopark	19.52	56.45	1.11.11	
7	Will	Birmingham	DWOT	20.05	57.07	1.11.51	
8	Martin	Alexander	Plumstead	20.51	59.28	1.15.18	
9	Claire	Hall	DunmowTri	20.49	1.00.29	1.15.49	1st F- PB
10	Freddie	Harrison		21.35	1.01.13	1.18.01	
11	Georgina	Dunlop	Walden Tri	21.51	1.02.41	1.18.14	2nd F
12	Alex	William	DWOT	21.45	1.02.40	1.18.45	
13	Adrian	Laber		22.57	1.02.49	1.19.16	
14	Neil	Feakins		20.01	56.51	1.19.35	
15	Andrew	Pole		24.59	1.01.50	1.19.36	
16	emily	chambers		22.11	1.03.47	1.19.59	3rd F

17	Borja	Martinez-Gonzalez	Bajo Zero Burgos	21.43	1.04.32	1.20.29	
18	Jenni	Tumblin	Tri Sport Epping	24.24	1.05.55	1.23.55	
19	Kevin	Pink		26.14	1.07.15	1.24.57	
20	Carol	Tsang	TWTri	24.14	1.08.17	1.25.19	
21	Nicky	Mooney	DWOT	24.12	1.08.49	1.25.27	
22	Jenny	Suckling	Stansted Tri	24.34	1.12.25	1.30.44	
23	Heather	Lawrence		31.43	1.16.28	1.32.31	
24	Billy	Nicks		27.24	1.13.02	1.33.56	
25	Janice	Lee		30.58	1.22.32	1.44.35	
26	Martin	Blackwell		DNS	DNS	DNS	
27	Thomas	Franklyn	East Essex Tri Club	DNS	DNS	DNS	
28	Christopher	Hutchinson	26.2 RRC	DNS	DNS	DNS	
155							
156							
157							
158							
159							
160							
163							
164							
165							
166							
167							
168							

169							
170							
171							
172							