

	First name	Last name	Gender	Club Name	Swim	Finish	
1	Arthur	Ballard	M	Walden Tri	8.58	31.36	1stM
2	Sam	Dowler	M	Dartford and White Oak	10.14	31.53	2nd M
3	Debbie	Coyle	F	Comrades Tri Club	8.36	32.54	1st F
1	Paul	Wyatt	M	Comrades Tri Club	9.52	33.48	3rd M
4	James	Willingham	M		10.58	33.56	
5	Emad	El-Shafie HTC	M	Comrades Tri Club	10.09	34.07	
6	Phebbe	Cooper	F		9.26	34.09	2nd F
7	Konstantin	Gayduk	M	greenwich tritons	9.19	36.09	
8	Thomas	Dudman	M		8.45	36.52	
9	Trevor	Cooper	M	Comrades Tri Club	10.51	39.35	
10	vincent	balzan	M	Dartford and White Oak	9.58	39.37	
11	John	Walker	M	Havering Tri	12.55	39.44	
12	Mark	Hayes	M	greenwich tritons	12.25	41.16	
13	Rade	Inic	M	petts wood runners	13.29	41.19	
14	BECCA	BURNS	F	greenwich tritons	10.55	41.23	3rd F
15	Chris	Davis	M	Dartford and White Oak	12.14	43.49	
16	Cristina	Cooper	F	Comrades Tri Club	13.06	45.41	
17	Amanda	Heslegrave	F	Barking Road Runners	13.36	47.05	
18	Stephen	Briggs	M	Dartford and White Oak	15.11	48.06	
19	Richard	Dudman	M	Havering Tri	10.57	48.09	
20	Danny	Pearce	F	Dartford and White Oak	15.09	49.37	
21	Brian	Downton	M	Dartford and White Oak	13.38	49.42	
	Darren	Moss	M	Dartford and White Oak	10.56		
	Steve	Adams	M	greenwich tritons	19.09		
	craig	Groom	M	Havering Tri / Comrades tri	13.05		