

The main car park is Crosswaters, Lake View House, Rennie Dr, Dartford DA1 5FU this is about a 400m walk to registration

Registration is now next to The Bridge Estate Management Company, Management Centre, Marsh St N, Dartford DA1 5PF

The race starts and finish is about 100m from registration. You will walk past this on your way to registration.

There will be 4 toilets at registration. Please can you keep them tidy.

Registration will open at 9am and will close at 10.15. This is where you will pick up your race number.

Bag storage will be at the finish area.

Both races will start at 10.30am.

There will be a short race brief at 10.25pm then you will be called to the start

We need to cross the fast track bus lane 2 times on each lap. There will be marshals to help you cross. The busses will still be running so please take care.

Please obey them at all times. Sorry but Head phones are not allowed due to safety reasons.

We will be given Christmas puddings to all finishes.

Also as a thank you for taking part you will be given a 10% discount of any of our other races. All you need to do is e-mail me and I will send you the discount code.

Trophies will be given to 1st, 2nd, 3rd place over all male and female

Please keep of the road at all times as the buses will still be running.

If you have any questions about just ask at info@bridgetriathlon.co.uk.