

	First name	Last name	Club Name	Swim	Finish	
6	Sam	Dowler	DWOT	12.25	34.45	1st M
15	Daniel	Gower	VO2MAX	12.46	36.06	2nd M
4	Debbie	Colye	Havering tri	12.1	37.33	1st F
26	Andrew	Walpole	DWOT	14.05	38.38	3rd M
25	Simon	Johnson	DWOT	14.34	38.41	
12	Glyn	Cooper	Havering tri	12.33	39.38	
1	Sarah	Huntley	TEAM BODYWORKS XTC	12.35	39.59	2nd F
22	Brian	Allen		15.5	40.05	
20	Mark	Mislson	DWOT	12.19	40.19	
11	Stephen	Jefferson	Havering tri	13.35	41.34	
9	Richard	Dudman	Havering tri	13.1	41.41	
8	Trevor	Cooper	Havering tri	14.22	41.52	
10	Freddie	Harrison	Havering tri	15.18	41.59	
18	John	Doyal	DWOT	15.24	42.41	
24	Mick	Duggan	OLT	14.5	44.34	
13	Reg	Van Selm		13.49	45.24	
17	Vincent	Balzan	DWOT	12.27	46.31	
19	Craig	Ginn	DWOT	15.38	47.49	
5	Brian	Downton	DWOT	15.28	48.44	
7	Cristina	Cooper	Havering tri	18.59	50.29	3rd F
14	Therese	Axlesson		17.01	51.11	
23	Danny	Pearce	DWOT	19.4	54.29	
16	Paul	Wyatt	Havering tri	15.45	DNF	
21	Darren	Moss	DWOT	14.31	DNF	
2	Cassie	Cava	Irish Paratriathlon	DNS	DNS	
3	Jamie	Billings		DNS	DNS	
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