

	First Name	Last Name	Club				
1	Laurence	Willmott		9.14	31.07	40.27	1st M
2	Karla	Ceka	Istead & Ifield harriers	10.49	42.15	54.1	1st F
3	Tony	Langley	DWOT	12.29	38.57	51.02	
4	Louise	Alanmoth	CP	15.39	44.41	1.04.00	
1	Samuel	Dickinson	Medway Tri	19.01	54.55	1.08.29	1st M
2	Ian	Russell		21.05	56.07	1.10.56	2nd M
3	Paul	Monday	Medway Tri	19.45	56.55	1.10.59	3rd M
4	Victor	Thompson	CP	21.25	58.14	1.12.45	
5	Andy	Pole	Medway Tri	22.41	58.01	1.14.01	
6	Neil	Phillips	Bec	21.41	1.00.49	1.16.45	
7	Mark	Milson	DWOT	23.57	1.00.05	1.17.10	
8	Adam	Feakins	Medway Tri	22.39	1.01.05	1.17.44	
9	Joseph	Lindstrom	DWOT	22.12	1.01.29	1.18.08	
10	Graham	Collins		22.01	1.02.01	1.18.34	
11	Sarah	McDonald	Larkfield AC	22.38	1.05.01	1.21.01	1st F
12	James	Holden		23.29	1.05.55	1.22.37	
13	Vincent	Legget	DWOT	23.25	1.06.01	1.22.43	
14	Tom	Copeland	Medway Tri	24.05	1.09.32	1.28.03	
15	Brian	Downton	DWOT	27.12	1.11.11	1.34.33	
16	Mike	Tsui		DNS	DNS	DNS	