

|           |           |                        |       |         |         |       |
|-----------|-----------|------------------------|-------|---------|---------|-------|
|           |           | <b>GOTri</b>           |       |         |         |       |
| Adam      | Langley   |                        | 9.47  | 33.33   | 43.57   | 1st M |
| Neil      | Phillips  |                        | 10.25 | 34.55   | 45.18   | 2nd M |
| Emily     | Tanner    |                        | 10.52 | 34.55   | 46.13   | 1st F |
| Roland    | Birks     |                        | 10.46 | 37.15   | 48.05   | 3rd M |
| Vincent   | Balzan    |                        | 11.14 | 26.54   | 48.38   |       |
| Tony      | Langley   |                        | 11.32 | 37.26   | 49.28   |       |
| Agatha    | Skelton   |                        | 11.06 | 38.25   | 49.59   | 2nd F |
| Keith     | Tanner    |                        | 11.3  | 38.32   | 50.45   | 3rd F |
| Mike      | Parris    |                        | 12.05 | 40.05   | 51.38   |       |
| Ian       | Aubord    |                        | 12.4  | 40.29   | 54.13   |       |
| Kim       | Ash       |                        | 11.43 | 43.43   | 54.54   |       |
| Camerun   | Stanford  |                        | 13.01 | 44.48   | 59.04   |       |
| julian    | ford      | Ford motion racing     | DNS   | DNS     | DNS     |       |
|           |           | <b>Sprint Duathlon</b> |       |         |         |       |
| Lewis     | Avery     | Dartford Road Club     | 16.51 | 53.43   | 1.06.54 | 1st M |
| Lydun     | Shaw      |                        | 17.55 | 54.28   | 1.07.55 | 2nd M |
| Ross      | Matheson  |                        | 20.23 | 54.54   | 1.09.08 | 3rd M |
| Sophie    | Durrant   |                        | 23.26 | 1.00.18 | 1.18.43 | 1st F |
| Gerry     | Frizzelle |                        | 23.3  | 1.01.44 | 1.18.49 |       |
| Peter     | Ash       |                        | 23.11 | 1.02.59 | 1.19.20 |       |
| Paul      | Young     |                        | 21.24 | 1.04.50 | 1.21.15 |       |
| Stuart    | Cuttrell  |                        | 23.06 | 1.03.29 | 1.21.26 |       |
| Emmanuele | Navarri   |                        | 22.42 | 1.04.30 | 1.21.41 | 2nd F |
| Simon     | Taylor    |                        | 22.25 | 1.07.15 | 1.24.29 |       |
| Lesley    | McCarthy  | Greenwich Tritons      | 22.21 | 1.08.59 | 1.26.14 | 3rd F |
| Cliff     | Lyons     |                        | 27.23 | 1.09.23 | 1.29.25 |       |
| Brian     | Downton   | DWOT 55-59             | 27.05 | 1.08.59 | 1.29.56 |       |
| Stuart    | Bruoks    |                        | 22.35 | 1.13.44 | 1.31.24 |       |
| Chris     | Lowe      | MedwayTri 55-60        | 26.38 | 1.15.09 | 1.35.40 |       |
| Kate      | Fry       | Greenwich Tritons      | 26.49 | 1.16.01 | 1.36.11 |       |

|         |           |                 |     |      |        |  |
|---------|-----------|-----------------|-----|------|--------|--|
| Stephen | Grainger  | Nuclear Phoenix | DNS | DNS  | DNS    |  |
| Matthew | Field     | Larkfield AC    | DNS | DNS  | DNS    |  |
| name    | Last Name | Club            | Run | Bike | Finish |  |