

		GOTri		Run	Bike	Finish	
1	Jamie	Harris		10.59	34.53	45.05	1st M
2	Ryan	Ridley	Swale Tri Club	11.02	37.25	48.42	
3	John	Hilton		14.11	43.35	58.55	
4	Adnenn	Rocco		15.58	46.05	1.03.05	1st L
		Sprint					
1	Werner	Kranebbury		17.51	50.52	1.03.24	1st M
2	Ian	Reed		19.43	53.08	1.06.59	2nd M
3	chris	humphreys		17.33	56.36	1.09.22	3rd M
4	Richard	Tomilson		18.02	56.49	1.09.53	
5	Jon	Melson	4Performance	19.39	55.39	1.09.57	
6	Simon	Carter		19.54	58.29	1.12.18	
7	Gemma	Carter Collins		19.36	58.41	1.13.27	1st F
8	Mark	Milson	DWOT	22.41	57.24	1.13.43	
9	Neil	Phillips		21.04	59.45	1.15.49	
10	Claire	Lowe	4t Cyclopark	22.01	1.00.46	1.16.21	2nd F
11	Austin	Laver		20.07	1.00.49	1.16.45	
12	Emma	Town	Stomp the Pedal STP Collective	21.46	1.02.43	1.17.14	3rd F
13	Helen	McKay	Les Filles Race Team	22.44	1.00.01	1.18.53	
14	Hayley	Butler	Havering Triathlon Club	24.47	1.07.41	1.25.59	
15	Melanie	Burdeit		25.11	1.11.31	1.28.32	
16	Cliff	Lyons		28.03	dnf	dnf	
	Phil	Howes		dns	dns	dns	
	Perry	Matterface		dns	dns	dns	
	Simon	Constable	Basildon CC	dns	dns	dns	
	Sophie	Durrant	C Squad	dns	dns	dns	
	Jon	Durrant	C Squad	dns	dns	dns	
	OLIVER	NORTHERN		dns	dns	dns	