

Thank you all for entering the 5th Dartford Bridge Midnight Marathon.

All 3 races will be starting at 7pm.

The last train will leave Dartford at 11.31pm to London. Last year we had a few people stay over in the Marquee.

Registration will open at 4.30pm. You will pick up your race number and timing chip. All 3 races will start at the same time.

Bag drop will be at registration.

There will be a short race brief at 6.30pm then we will walk you to the start that's about 400m away

If you are taking part in the half, you will come to a turn point when you are on the 1st main 5k lap you only turn here once only. For the next 3 laps you will complete the full 5k lap. This will be marked on the map at registration. There will be someone standing there to look after you.

Parking will be at 2 places. The first will be in the Sainsbury's distribution car park Rennie Drive, Dartford DA1 5FD, this will hold 60 cars. The second and main car park will be in the Crosswater car park Lake View House, Rennie Dr, Dartford DA1 5FU.

Both car park are only 300m from the race start.

There will be a rest area that you can go to after the race with free drinks and snacks.

We have a tea wagon this year but they will only be there till Midnight.

We will be staying overnight on site if anyone wants to stay just let me know.

We will be giving out add bags to everyone. This so you can put inside anything you may need during the night.

The run is around 2 lakes so the temperature does drop.

We will be giving out High 5 energy drinks and water at the main water station by the finish.

The second will only be giving out water. There will also be a supply of jelly babies at both water stations.

If you have any questions, please ask.

See you all Saturday evening