| | | | 1k Swim/6km Run | | Swim | Run | Place |
|----|------|----------|---------------------|--------|-------|---------|--------|
| | | | Zikowini, okini kan | | | 1.0 | 1 1466 |
| 1 | Miss | Lauren | Tolmie | Female | 15.14 | 40.23 | 1st f |
| 2 | Miss | Hannah | Walker | Female | 17.23 | 43.49 | 2nd F |
| 3 | Mr | CRAIG | MANLEY | Male | 18.42 | 47.47 | 1stM |
| 4 | Mr | Sam | Turton | Male | 26.42 | 48.29 | 2ndM |
| 5 | Mr | Mick | Andrew | Male | 19.44 | 53.53 | 3rd M |
| 6 | Dr | Mark | Fidock | Male | 20.36 | 57.49 | 3.4.11 |
| | Mr | Huw | Jones | Male | DNS | DNS | |
| | Mr | David | Wyatt | Male | DNS | DNS | |
| | 1 | Davia | - VV y a c c | Iviaic | 15.10 | 15110 | |
| | | | 2k Swim/10km Run | | | | |
| 1 | Mr | Matthew | Steere | Male | 24.13 | 1.05.55 | 1st M |
| 2 | Mr | Chris | Ogles | Male | 30.46 | 1.16.39 | 2nd M |
| 3 | Miss | Kim | Brown | Female | 32.39 | 1.16.47 | 1stF |
| 4 | Mr | Paul | Bracey | Male | 35.04 | 1.16.51 | 3rd M |
| 5 | Mr | David | Lilley | Male | 36.18 | 1.26.12 | 1 |
| 6 | Mr | Andrew | Hearn | Male | 37.35 | 1.28.13 | |
| 7 | Mrs | Nicola | O'Doherty | Female | 39.35 | 1.29.25 | 2nd F |
| 8 | Mr | Nick | Atkins | Male | 43.37 | 1.31.41 | 1 |
| 9 | Mr | Andrew | Dodd | Male | 46.44 | 1.32.03 | |
| 10 | Dr | lain | Leighton | Male | 44.54 | 1.32.27 | |
| 11 | Ms | Ailish | Toomey | Female | 43.21 | 1.32.59 | 3rd F |
| 12 | Mrs | Amanda | Rogers | Female | 43.47 | 1.34.17 | |
| 13 | Mr | paul | halsey | Male | 43.14 | 1.34.32 | |
| 14 | Mr | Dario | Cassini | Male | 44.19 | 1.35.15 | |
| 15 | Ms | leva | LOBACIUTE | Female | 49.57 | 1.38.39 | |
| 16 | Mrs | Jill | Wherry | Female | 41.32 | 1.46.59 | |
| 17 | | Andrew | Darvill | Male | 43.27 | 1.51.09 | |
| | | | | | | | |
| | | | 1k Swim | | | | |
| 1 | Miss | Isabella | Bors | Female | 15.38 | | 1st F |
| 2 | Mr | Patricic | Goldyn | Male | 18.26 | | 1stM |
| 3 | Miss | Tina | Spencer | Female | 18.33 | | |
| 4 | Miss | Jennifer | Beecroft | Female | 33.52 | | |
| 5 | Mr | Richard | Allen | Male | DNS | | |
| 6 | Mrs | Emma | Cresswell-Maynard | Female | DNS | | |
| | | | , | | | | |
| | | | 2k swim | | | | |
| 1 | Mr | Nick | Bunclark | Male | 27.38 | | 1st M |
| 2 | Mr | Ruairi | Kay | Male | 32.33 | | 2nd M |
| 3 | Mr | Lucas | Vafongr | Male | 34.18 | | 3rd M |
| 4 | Mrs | Nikki | Boyce | Female | 35.34 | | 1st F |
| 5 | Mr | David | Wyatt | Male | 37.41 | | |
| 6 | Ms | Liza | Young | Female | 42.38 | | 2nd F |

| 7 | Mrs | Alex | French | Female | 45.08 | 3rd F |
|----|------|---------|-------------------|--------|---------|-------|
| 8 | Miss | Jane | Newman | Female | 46.14 | |
| 9 | Miss | Elva | Phelan | Female | 49.51 | |
| 10 | Mr | samuel | billing | Male | 53.24 | |
| 11 | Mrs | Chloe | Jones | Female | DNS | |
| 12 | Dr | Darren | Price | Male | DNS | |
| | | | | | | |
| | | | 4k Swim | | | |
| 1 | Mr | Stephen | Morris | Male | 55.15 | 1st M |
| 2 | Mr | lain | Jameson | Male | 56.56 | 2nd M |
| 3 | Mr | Jamie | Larkin | Male | 57.09 | 3rd M |
| 4 | Mr | Russell | stapleton | Male | 57.15 | |
| 5 | Mrs | Jacqui | Grimshaw | Female | 59.46 | 1st F |
| 6 | Dr | Frazer | Cairns | Male | 59.46 | |
| 7 | Mr | Nigel | Perrin | Male | 1.00.44 | |
| 8 | Mr | Gary | Morgan | Male | 1.08.29 | |
| 9 | Mr | Daniel | Goodrum | Male | 1.09.43 | |
| 10 | Dr | Tony | Robinson | Male | 1.12.27 | |
| 11 | Mrs | Eileen | Murphy | Female | 1.13.05 | 2nd F |
| 12 | Mr | THOMAS | RICHARDSON | Male | 1.16.17 | |
| 13 | Mr | Etienne | Stander | Male | 1.16.34 | |
| 14 | Mr | Kelly | Cancley | Male | 1.20.58 | |
| 15 | Mr | Greg | Watterson | Male | 1.21.07 | |
| 16 | Mr | Brian | Allen | Male | 1.21.21 | |
| 17 | Mr | James | Thomas | Male | 1.21.27 | |
| 18 | Mr | Richard | Whitty | Male | 1.21.32 | |
| 19 | Mrs | Sue | Brown | Female | 1.24.25 | 3rd F |
| 20 | Mr | Jason | Morgan | Male | 1.29.03 | |
| 21 | Mr | Mark | Loftus | Male | 1.31.42 | |
| 22 | Mr | Jay | Pennington-Benton | Male | 1.38.03 | |
| 23 | Miss | emma | young | Female | 1.41.04 | |
| 24 | Miss | Rebekah | Darvill | Female | 1.47.14 | |
| | Miss | Kelly | McConnachie | Female | DNS | |
| | Miss | Tna | Spencer | Female | DNS | |
| | Miss | Jane | Newman | Female | DNS | |
| | Miss | Clare | Chilton | Female | DNS | |
| | Mr | daniel | moran | Male | DNS | |
| | Mr | Kevin | Donaldson | Male | DNS | |
| | Mr | Coach | Kellers | Male | DNS | |
| | Mr | Andrew | Dodd | Male | DNS | |
| | | | | | | |
| | | | 5km Swim | | | |
| 1 | Mr | Greg | Smith | Male | 1.12.03 | 1st M |
| 2 | Mr | Andrew | Bell | Male | 1.12.17 | 2nd M |
| 3 | Mr | John | Wilson | Male | 1.14.35 | 3rd M |

| 4 | Mr | Elliot | Newsome | Male | 1.15.09 | |
|----|------|-----------|-------------|--------|---------|-------|
| 5 | Mr | paul | cartwright | Male | 1.19.09 | |
| 6 | Mr | Jon | Warmington | Male | 1.19.55 | |
| 7 | Mr | Hue | Gibbs | Male | 133.16 | |
| 8 | Miss | Sophie | Turner | Female | 1.33.27 | 1st F |
| 9 | Mr | Mark | Jackson | Male | 1.43.26 | |
| 10 | Mr | Andrew | Bass | Male | 1.54.28 | |
| 11 | Mr | Stephen | Elliott | Male | 1.54.56 | |
| 12 | Mr | Trevor | Mingail | Male | 1.55.39 | |
| 13 | Mrs | Sarah | Bruce-Green | Female | 1.56.18 | 2nd F |
| 14 | Mr | James | Uings | Male | 1.57.07 | |
| 15 | Miss | Hannah | Garnham | Female | 2.00.24 | 3rd F |
| | Miss | Ghislaine | Couvillat | Female | DNS | |
| | Miss | Joanne | Griffiths | Female | DNS | |
| | Miss | Zoe | McLean | Female | DNS | |
| | Mr | mark | mckenna | Male | DNS | |
| | Mr | Wesley | Nolan | Male | DNS | |
| | Mr | Louw | Mattheus | Male | DNS | |
| | Mr | Markus | Kelly | Male | DNS | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |

| \neg |
|--------|
| |
| |
| |
| _ |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| \neg |
| |
| |
| |
| - |
| |
| |
| |
| - |
| |
| |
| \neg |
| |
| |
| |
| - |
| |
| |
| |
| |
| |
| |

| \neg |
|--------|
| |
| |
| |
| _ |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| \neg |
| |
| |
| |
| - |
| |
| |
| |
| - |
| |
| |
| \neg |
| |
| |
| |
| - |
| |
| |
| |
| |
| |
| |

| |
|------|
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |
| |